

December Activity

By Carol Ames, Oregon Manor

We do a cookie exchange with staff and have a cookie tasting party for the residents on the same day. Any staff can sign up to bring three dozen cookies on the set date. Then the kitchen staff separate one dozen out to be used for the residents party. The other two dozen get divided among the amount of staff that signed up and brought cookies.

For Example:

12 staff members sign up on the list to bring 3 dozen cookies which equals 36 dozen cookies total. Each of the 12 staff members will receive a mixture of all of the cookies brought in to take home with them that will equal 2 dozen cookies. The residents get to sample some of the rest of the 12 dozen cookies left. We serve them coffee, hot chocolate, warm cider or milk to go along with their cookies. What is left over from the resident party is served to the staff. Many wonderful conversations arise during the social such as “What was your favorite cookie today, how about when you were growing up?” The residents talk about the fun they had making cookies with their children, mother or grandmother, they reminisce about the Christmas season coming up, family memories and how they wish they could make cookies again.

We do this the first week of December and this year we picked December 1st, a Wednesday and family members are invited to join in with the residents tasting party. It’s a great way to get everyone in the Christmas Holiday Spirit!

