

July Activity Idea  
By Shelley Payette, ADC

I have a July activity idea with the heat that we are experiencing. I took a small kids swimming pool outdoors (before the heat index became dangerous) and filled it with water and those small ducks you get from the pick a duck game. Then I gave the residents each a squirt gun filled with water and let them shoot the ducks. It was fun! I served funky drinks with lots of ice.

Another activity that my residents enjoy on one unit in particular is as simple as bouncing ping pong balls into an egg carton! I have a big egg carton from dietary with 18+ sections in it and 3 ping pong balls. I never heard so much laughter and excitement. The staff have to work hard because, as you know, ping pong balls have a mind of their own.

Enjoy,

Shelley

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Shelley Payette, ADC  
Shady Lane, INC