

PHOTO SHOOT

This is a fun activity that is also a good marketing and families love it.

Supplies: Digital camera, tripod or sturdy hand or something to support your elbow, old jewelry, makeup, various props.

Set up a “photo studio” in a corner somewhere where there is good light. The best is if you can get hold of a tripod, but if not, a sturdy support for your elbow and a hand held camera will work too. We have a talented artist who made our backdrop using chalk on black foam core poster boards that we taped together to make a large placard. You can put together a couple of large plants or just set up your studio in front of bookshelf, fireplace or pretty wall.

Plan ahead and announce to all C.N.A.s to dress residents in their favorite blouses that morning. Raid your bingo closet, Goodwill or ask for loaner jewelry, the bigger the better. Use boas or fur collars or even a piece of fabric draped around a woman’s shoulders can dress up a less than attractive wheelchair. Spend time fixing makeup and hair so they look their best. We were lucky enough to have a tuxedo donated so we cut down the back of the jacket and shirt and attached ties in the back to make it easy to slide onto a man seated in a wheel chair. Add a dollar store hat and a carnation or handkerchief and you’ve got a Dapper Dan.

When taking photos, make sure you get in as close as you can to fill the frame with the resident’s face and torso. We sold the photos for a fundraiser and even offered the digital format to our internet adept family members. We also post pictures such as these when someone passes away. It helps other residents to remember the fun and laughter we shared with one another. We also post on our website, but be sure to have a photo release for internet use. For more examples see our website:

www.care-age.com

Have fun!

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