

This time of year is a good time to do rainy activities so we play Umbrella Bounce with our Residents. We have (3) brightly colored umbrellas (preferably different colors) and (3) tennis balls. We open up the umbrellas and lay them down on the floor in a line. The residents are set back away from the umbrellas in chairs or wheelchairs. The object of the game is to "bounce" the tennis balls into the umbrellas. They can aim for any umbrella that they want. Each resident gets to bounce all (3) balls. The one who gets the most balls to stay in the umbrellas wins. We play a few rounds, as time allows and add points for each ball made. It's fun and therapeutic.

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